

## How to hang up your hammock

- 2 Connect a halyard to the upper loop of the suspension triangle. Connect a spare rope from the lowest loop of the suspension triangle to the foot rail. Pull one of the rope knots through the ring of the hammock. Connect the rope knot to the middle loop of the suspension triangle. Optional: fold the suspension triangle around the stay.
- 3 Fixation to the foot rail.
- 4 Suspension with fixed eye of spinnaker pole attachment: pull one of the rope knots through the other ring of the hammock. Connect the rope knot to the fixed eye on the mast.
- 5 Suspension with halyard: Pull one of the rope knots through the other ring of the hammock. Connect the rope knot to a halyard. Connect a halyard to the ring of the hammock.

